

April Updates

Alameda County

Kaia Foods makes tasty ‘raw’ foods, such as buckwheat granola in several flavors, involving unique production methods like sprouting and dehydrating instead of baking. All ingredients are organic and include raisins, coconut, pumpkin seeds, sunflower seeds, walnuts, cacao and vanilla and sweeten with agave nectar. Tours of the facility are given with one-week advance reservation. Kaia Foods, 2925 Adeline St., **Oakland**, CA 94608 Phone 510-238-0128, Website: www.kaiafoods.com

Marin County

Bay Area Discovery Museum is a great place for the kids to see undersea wonders with their Discovery Theatre, Indoor Tot Spots with exhibitions around animal bones and habitats, Outdoor Tot Spot to explore animal habitats, San Francisco Bay Hall with an underwater tunnel and sea star tank, Lookout Cove to see tide pools, the Wave Workshop under the Golden Gate Bridge. There’s also a shipwreck and where kids can grab the catch of the day. Bay Area Discover Museum is at Fort Baker, 557 McReynolds Rd., **Sausalito**, CA 94965, Phone 415-339-3900, Website: www.baykidsmuseum.org

Mendocino County

Nelson Family Vineyards has 200 acres with 11 varietals of wine grapes, along with an orchard of Bartlet pears. Tours are available with an appointment. Nelson Family Vineyards, 550 Nelson Ranch Rd., **Ukiah**, CA 95482, Phone 707-462-3755, 800-5t64-2582, Website: www.nelsonfamilyvineyards.com

May 2nd-3rd Hopland Passport Weekend is from 11 am to 5 pm and you can visit 12 wineries with wine tasting, food parings, and entertainment in the Hopland Valley. Nelson Family Vineyards, 550 Nelson Ranch Rd., **Ukiah**, CA 95482, Phone 707-462-3755, 800-564-2582, Website: www.nelsonfamilyvineyards.com

Plumas County

Drakesbad Guest Ranch is within the boundaries of Lassen Volcanic National Park. There’s horseback riding and fishing and guests receive 3 meals a day. Drakesbad Guest Ranch off-season address is 2150 Main St.#5, Red Bluff, CA 96080. Drakesbad Guest Ranch, end of Warner Valley Rd., **Chester**, CA 96020, Phones 530-529-1512 or 866-999-0914, Website: www.drakesbad.com

Riverside County

April 25th Winemaker's Dinner offers an exquisite dining experience paired with their wines, along with entertainment will be from 7 pm to 10 pm. Mount Palomar Winery, 33820 Rancho California Rd., **Temecula**, CA 92591, Phones 951-676-5047 or 800-854-5177, Website: www.mountpalomar.com

April 26th Thornton Winery Champagne Jazz is at 4 pm at the winery. Thornton Winery, 32575 Rancho California Rd. **Temecula**, CA 92592, Phones 951-699-0099 or 951-699-5536, Website: www.thorntonwine.com

May 10th Mother's Day Luncheon is from noon to 6 pm and will feature a Mediterranean BBQ along with wine and entertainment. Mount Palomar Winery, 33820 Rancho California Rd., **Temecula**, CA 92591, Phones 951-676-5047 or 800-854-5177, Website: www.mountpalomar.com

San Benito County

May 1st-3rd California Indian Market, Peace Pow Wow, and Cinco de Mayo Celebration will have Indian tacos, fry bread, buffalo burgers, chili cheese Indian dog and nachos, taco salad, and fresh strawberries with whip cream on fry bread. There will be lots of Native American entertainment with dancers, chants, drummers, and songs. Native crafts, weavings, jewelry and more will be exhibited. The event is held at the San Juan Bautista Mission from 10 am to 7 pm. California Indian Market, P.O. Box 66, **San Juan Bautista**, CA 85045, Phone 831-623-4771, Website: www.peacevision.net

Oils of Paicines is part of the 1,000-acre R&G Land and Cattle Ranch and is an organic olive farm. Tours are available with an appointment. The ranch has a guesthouse and a bunkhouse for overnight guests. Meals are extra. There's a pool, tennis court and BBQ. The ranch is a horse training facility and you can visit with the horse and other animals. They make organic olive oils. Oils of Paicines, P.O. Box 27, **Paicines**, CA 95043, phone 831-389-4263, Website: <http://oilsofpaicines.com>

Rancho Cienega de los Paicines has been a working ranch since the mid-1800s. Today they breed angus cattle and quarter horses along with general agriculture. Tours are available with an appointment during the week from 8 am to 4 pm. There are many historical buildings including the Victorian house (1880s), 2 large barns (1880s), cheese house (1860s), and the Moorish design stables (early 1900s). The ranch has 3 overnight accommodations, with 2 lodgings with kitchens and the third with a microwave. Paicines Ranch, P.O. Box 8, **Paicines**, CA 95043, Phones 831-628-0288, 831-245-8728, Website: www.paicinesranch.com

San Francisco County

Boudin at the Wharf is where you can stroll through the Boudin Bakery Museum and see historic and interactive exhibits. The bakery tour includes a walk 30-feet above the bakery with an observation window over looking bread being made by hand. The museum and tour is open daily from 11:45 am to 6 pm. Best to call to be sure it is open, as sometimes is closed for private events. Boudin Bakery at the Wharf, 160 Jefferson St. **San Francisco, CA 94133**, Phone 415-351-5579m Website: www.boudinbakery.com

San Joaquin County

April 25th Watts Winery Burkitt's Lymphoma Event. The winery has released two wines, Chardonnay and Red Blend under their Butterfly label to raise money for the UC Davis Cancer Research Center. From noon there will be music, food, great wine and 30% will be donated for this great cause. Watts Winery, 12470 Locke Rd., **Lockeford, CA 95237**, Phone 209-329-1569, Website: www.wattswinery.com

Shasta County

***Coram Ranch** offers horseback riding and other outdoor activities. Coram Ranch, P.O. Box 5069, **Shasta Lake, CA 96089**, Phone 877-275-5510, Website: www.coramranch.com

***Tiffany House Bed and Breakfast Inn** is in a Victorian house on a hilltop with views of Mount Lassen. Guest receive refreshments on arrive and are given a gourmet breakfast at 9 am. Tiffany House Bed and Breakfast Inn, 1510 Barbara Rd., **Redding, CA 96003**, Phone 530-244-3225, Website: www.tiffanyhousebb.com

Tehama County

Dye Creek Ranch has a lodge for individuals and groups. This is a working ranch with more than 37,000-acres. You do you own cooking and they will provide you with the kitchen and utensils. Dye Creek Ranch, P.O. Box 669, **Los Molinos, CA 96055**, Phones 530-527-3588 or 800-557-7087, Website: www.dyedreeklodge.com

Tuolumne County

May 12th Me-Wuk Indian Market will have traditional Me-Wuk foods, basketry demonstration, acorn processing, soapstone caring, and arts and crafts. The event is held at the Heritage Park from 10 am to dusk. Me-Wuk Indian Market, 19400 Tuolumne Road North, **Tuolumne City, CA 95321**, Phones 209-928-3475, 877-747-8777, Website www.blackoakcasino.com

May 30 Twain Harte A La Carte features food from local restaurants and are paired with wines from the local wineries. The event is sponsored by the Soroptimist International of Twain Harte and will b e held at Meadow Lane from 6 pm to 7 pm. Twain Harte Area Chamber of Commerce, P.O. Box 404, **Twain Harte, CA 95383**, Phones 209- 928-1616 or 209-586-4482, Websites www.twainhartecc.com or www.tcvb.com

July 25th-26th Art and Wine Festival will be held in downtown Twain Hart from 10 am to 5 pm along with live entertainment. There will also be a vintage car show in the Twain Harte Center. Twain Harte Area Chamber of Commerce, P.O. Box 404, **Twain Harte**, CA 95383, Phones 209- 928-1616 or 209-586-4482, Websites www.twainhartecc.com or www.tcvb.com

September 12-13th Me-Wuk Indian Acorn Festival is held at the Tuolumne Rancheria with an Indian deep-pit BBQ along with other Me-Wuk food. This free event will have a Native American pow wow, traditional dancers, arts and crafts, and a hand games tournament. Me-Wuk Indian Acorn Festival, 19400 Tuolumne Road North, **Tuolumne City**, CA 95321, Phones 209-928-3475, 877-747-8777, Website www.blackoakcasino.com

September 19th 49er Festival and Chili Cook-Off is held downtown and at Mary Laveroni Community Park with a parade starting at 9 am and the festival is an all day event. Yosemite Chamber of Commerce, P.O. Box 1262, **Groveland**, CA 95321, Phones 209-962-0429, 800-449-9120, Website: www.groveland.org

October 3rd-4th Oktoberfest will have beer tasting from noon to 5 pm, along with live music, and arts and crafts in Eproson Park. Twain Harte Area Chamber of Commerce P.O. Box 404, **Twain Harte**, CA 95383, Phones 209- 928-1616 or 209-586-4482, Websites www.twainhartecc.com or www.tcvb.com

Ventura County

Fillmore Trout Hatchery is located on highway 126 about 1 mile east of Fillmore. The hatchery is open daily from 7 am to 3:30 pm and offers self-guided tours. Fillmore Hatchery, P.O. Box 666, **Fillmore**, CA 93016, unlisted phone, Website, www.dfg.ca.gov/fish/hatcheries

A Book by Richard Calhoun

Food: Yummy or Yuk is a book written for kids of all ages. Kids will learn about foods, what other kids think about foods, and how to enjoy more foods that kids don't like delicious. There are recipes for all ages. Some recipes can be made with just mixing and no cooking. You will find recipes you can prepare one day and enjoyed another day. This book will take the mystery out of foods and introduce new foods for you and your family.

233 pages \$24.95 postpaid

Send check to Richard Calhoun, 533 Vandenberg Circle, Roseville, CA 95747